



# Northern Ireland Karate Board

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(<http://www.nikg.org>)

## Anti – Doping Policy

Also for  
Member Associations & Clubs



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## Anti-Doping Policy

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Our anti-doping policy sets out the N.I.K.B.'s commitment to protecting the sport of karate from the misuse of drugs by

- Upholding and preserving the ethics of the sport.
- Safeguarding the physical health and mental integrity of the athletes .
- Ensuing that all Athletes have an opportunity to compete equally.

Therefore, the policy of the N.I.K.B. is to promote karate as a drug-free sport and that the N.I.K.B. is committed to educate and inform all athletes, coaches and support personnel about the dangers of drugs and to test athletes to confirm and maintain their drug-free status.

To that end it is the policy of the N.I.K.B. to adopt and use the “**World Karate Federation Anti-Doping rules and policy**” that is enforced at any time.

### **Athlete & Parental Acknowledgement and Agreement**

All Athletes and Athlete Support Personnel for such Athletes, entering a N.I.K.B. event may be subject to Doping Control rules and procedures. Therefore all Athletes and their Athlete Support Personnel entering any N.I.K.B. events may be required to sign the Anti-Doping Rules Acknowledgement and Agreement Form. Notwithstanding whether or not this form has been signed, the Athletes, Athlete Support Personnel and other Persons, participation within these events shall be bound by any Anti-Doping Rules and policies enforce at that time.

### **Parental Consent**

For all athletes under 18 a completed 'Parental Consent Form' is also required confirming consent to the taking of a blood or urine sample and that the athlete will be bound by these rules.

Both the Athlete Acknowledge Agreement and Parental Consent Form should be returned to the nominated person at such event. This person shall normally be the NIKB Drug Enforcement Officer or his appointed representative.

### **Other useful Information sources**

World Anti-Doping Agency (WADA)	<a href="http://www.wada-ama.org/">http://www.wada-ama.org/</a>
UK Anti-doping in Sport (UKad)	<a href="http://www.ukad.org.uk/">http://www.ukad.org.uk/</a>
Global Drug Register Online (GDRO)	<a href="http://www.globaldro.com/uk-en/default.aspx">http://www.globaldro.com/uk-en/default.aspx</a>

